

**MEETING SUMMARY**  
**MISSOURI ADVISORY COUNCIL ON ALCOHOL AND DRUG ABUSE**  
**October 1, 2008**

**Members Present:** Robin Hammond, Cheryl Gardine, Marilyn Gibson, Clif Johnson, Daphne Walker-Thoth, Diana Harris, Linda Scott, Mary Beth Reinkemeyer, Keith Spare, Sylvia Persky, Michael Dean, Sandra Hentges, Kim Dude, and Crystal Robinson

**Members Absent:** Stephen Doherty, John Harper, Mike Carter, Eleanor Ward and Becky Ehlers

**Division/Department Staff:** Mark Stringer, Barbara Keehn, Debbie McBaine, Angie Stuckenschneider, Bianca Arrington-Madison, Terry Morris, Scott Breedlove, Edwin Cooper, George Norman, Joellyn Becker, Kristi Scoville, Christina Oliver, Chuck Daugherty, Guyla Gardner, Steve Deets

**Guests:** Sular Gordon, Karah Waddle, Alicia Ozenberger

<b>Call To Order</b>	<p>Robin Hammond, SAC Chair, called the meeting to order and introductions were made. Minutes from the August meeting were reviewed.</p> <p>Keith Spare moved that the minutes be approved as submitted. Cheryl Gardine seconded the motion, which passed.</p> <p>Robin noted that the new attendance policies are being implemented by the Nominating Committee.</p> <p>Bianca Arrington-Madison noted that nominations for Mental Health Champions are currently being accepted. If you know someone deserving, please submit a nomination.</p>	
<b>ADA Division Report</b>	<p><b>Division Director's Report-</b> Mark Stringer announced that George Norman has accepted appointment as the Western District Administrator and is already serving in that capacity. On the national scene, the National Association of State Alcohol and Drug Abuse Directors (NASADAD) has received word that the Mental Health Parity bill has been included in the Senate financial bailout package, so if that becomes law the parity bill will pass as well.</p> <p>While it is early in the DMH budget process, Mark is encouraged by some Division of Alcohol &amp; Drug Abuse inclusions. He shared a copy of the most recent version. In the Mandatory Category there is \$1 million for medications to be utilized in alcohol and substance abuse treatment. Keith Spare inquired if medications recommended for use in Compulsive Gambling programs might also be funded. The Division may explore that in the future, although FDA approval for these drugs would be required. Also proposed is a provider rate increase for all community-based treatment programs, probably around 3.5 percent. Among the new decision items are funding for an additional women and children's CSTAR program and funding to continue Access to</p>	

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	<p>Recovery. It is significant that these items remained in the DMH request after drastic elimination of many other mental health budget requests.</p> <p>The Department of Mental Health has contracted with former DMH Director Dorn Schuffman and Randy Hodill to review and possibly revise the Standard Means Test which dictates what, if anything, clients pay for treatment services. It has been decades since this issue has been addressed. This will be presented to the DMH Executive team and will likely be delivered by the end of the year.</p> <p>Missouri was one of four states to be awarded the Screening, Brief Intervention and Referral to Treatment Grant (SBIRT), thanks to Barb Keehn who authored the proposal along with MIMH staff. This project incorporates brief intervention screenings and referrals in hospital settings. Ms. Keehn will serve as Project Director and we will ask her to provide a presentation on SBIRT in the near future, possibly at the next SAC meeting.</p> <p>The Department of Corrections contracts have been integrated into all Primary Recovery Plus contracts. This allows a full array of services to be delivered to clients referred to our system by Dept. of Corrections and will guarantee that services may continue to be delivered to them even after completion of their probationary or parole status. The goal has been to create a treatment system where payer source does not determine type or quality of treatment. Debbie noted the amendments become effective October 1.. Additionally, a specific amount of funding has been set aside for use of the medication Vivitrol with offenders. The Free &amp; Clean programs operated in Kansas City and St. Louis by Gateway are not included in this package, nor is "Partnership for Community Restoration". The official notice of award for these programs has not yet been made public.</p> <p>Dr. Ian McCaslin, Missouri HealthNet Division Director, expressed an interest in seeing a women's CSTAR program and has visited the Queen of Peace facility in St. Louis. It was very encouraging to have him show an interest in our CSTAR programs. While there, he had many inquiries and visited with staff.</p> <p>It was a rewarding experience for him and ADA appreciates his taking time to do that.</p> <p>The Mental Health Commission will hold their October meeting in Joplin. The Block Grant Core</p>	

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	<p>Technical Review will be held October 6-10. A team of consultants from the federal government will visit and scrutinize how the Division is utilizing Block Grant Funds, which are a major part of our treatment and prevention system. In addition to meeting with staff in Jefferson City, the team will visit Comtrea, Center for Life Solutions and Queen of Peace programs.</p> <p>A Consumer, Family and Youth Leadership Summit, “Real Voices- Real Choices” sponsored by Department of Mental Health (Transformation) will be held at St. Patrick’s Center in St. Louis November 5-6. If SAC members know of a consumer who is a leader or who possesses leadership qualities, please nominate them. The Department of Mental Health will cover the registration fee and possibly the mileage.</p> <p>Mark announced that Angie Stuckenschneider, Prevention Director, has proposed the creation of a data website to address prevention needs across the Division. Angie envisions this as being similar to the Department of Health and Senior Services database known as the Missouri Information for Community Assessment (MICA) and she will work with MIMH staff to develop it. This website would consist of prevention data, starting with Student Survey numbers, which could be used for coalition needs as well as in federal reporting.</p> <p>Mark discussed the Customer Information, Management and Outcomes Reporting (CIMOR) system. The other DMH divisions will begin use of CIMOR for their programs but they will start slowly, with billing functions only. Laurie Epple has submitted a list of 10 priority items that must be fixed in CIMOR. With these fixes, the Division will be able to use the system for billing and to meet federal reporting requirements. .</p> <p>Diana Harris asked about the methamphetamine treatment project. An RFP is in development. Last year the Division received \$900,000 from the Inmate Revolving Fund for a pilot project to be implemented in Lincoln County. The legislature wants us to provide extended duration treatment for methamphetamine abusers to see if outcomes improve.</p> <p>Sylvia Persky inquired about new RFP’s for prevention contracts for next year. There will be guidelines to include centers of excellence. The Centers have not yet been defined, but ideas for them may be incorporated into the RFP; it was noted that the contracts are being rebid due to</p>	

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	<p>change in scope of work and it has been many years since those contracts were bid.</p> <p>Mark would like time allotted at the end of each SAC meeting for discussion and to receive any suggestions and recommendations SAC members might have.</p>	
<b>Nominating Committee Report</b>	Cheryl Gardine presented the nominating committee report. A new SAC member has been approved, Reverend Ladell Flowers of Kansas City, who will replace Charles Megerman. Reverend Flowers has over 30 years experience in correctional counseling along with administrative experience. Charles is retiring from the SAC after many years of participation.	
<b>Workforce Development</b>	<p>Bianca is in the process of arranging a two hour conference call to discuss workforce development in the ADA field. One hour of the call will be a presentation by Pat Stilen, of Mid America Addiction Technology Transfer Center (MAATTC) in Kansas City, who has done extensive research on workforce development. Bianca will send out a list of potential dates/times for the call.</p> <p>Mark noted that one of our greatest challenges is having enough professional staff to meet the needs of providing individualized services. Clinical supervision is already being reimbursed and Mark envisions something similar in the prevention arena. This will help support development of professional staff. Additionally, we need to find ways to attract quality people to the field. Mark would appreciate specific recommendations from SAC on this topic.</p> <p>Keith Spare commented that there may be opportunities that we are not taking advantage of to engage our existing staff in institutes of higher learning.</p> <p>On the topic of education, the Network of Care eLearning system is progressing. There will be a live web demonstration in Jefferson City. Something will be set up at a later date for ADA providers. Bianca will keep the SAC apprised of future eLearning training.</p>	
<b>Spring Training Institute</b>	Bianca announced dates for next year's Spring Training Institute. It will be held at Tan-Tar-A Resort in Osage Beach, May 27-29, 2008. SAC members and others should let her know if they have specific training needs they would like to have included on the program. Bianca has recently issued a call for speakers and, if SAC members or guests know of a speaker who would be appropriate for Spring Training, please let her know.	
<b>MSAPCB Report</b>	Scott Breedlove presented the Credentialing Board report. The grandfathering period for	

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	<p>Certified Criminal Justice Professional (CCJP) credential ended August 31<sup>st</sup> with about 420 applications. Late in October, the application for the Missouri Recovery Support Specialist (MRSS) credential will appear on the website. 600 people have gone through Clinical Supervision training, so the Board is considering incorporating some of the things supervisors learned into the application process. An expanded ethics policy will go into effect January 1, 2009. Renewal packets and training opportunities will soon be found online. In April, 2009 postcards will be sent informing participants that everything they need will be found on the website. A Co-Occurring credential will start grandfathering in professionals next summer- probably in July or August.</p> <p>Scott also announced that they are in the process of changing the makeup of the Credentialing Board, making it more inclusive and representative of all factions.</p>	
<b>MRN Report</b>	<p>Clif Johnson offered the Missouri Recovery Network update. September was National Recovery Month and a number of events were held across the state. The Hands Across the Bridge event in St. Louis attracted about 1300 participants who heard Lou Gossett, Jr. discuss what recovery has meant to him. This year there were enough attendees to stretch across the Chain of Rocks Bridge and it was featured on local St. Louis news. This celebration was designated as the national hub for Recovery Month. Up to 40,000 people participated nationwide in events.</p>	
<b>Prevention Workgroup Report</b>	<p>Mary Beth Reinkemeyer noted that prevention priorities include funding for SPF SIG for Fiscal Year 10. Missouri's Youth Adult Alliance will contact all SPF coalitions to make sure they know what to say to community members and representatives to keep them apprised of the coalitions' activities. Still under discussion is the possibility of a retreat organized to discuss criteria for Centers of Excellence and Recovery Oriented System of Care. One suggestion for the Recovery Oriented System of Care is that it should include all levels of prevention as well as all levels of treatment.</p> <p>The topic of evaluation was discussed including how we can get better evaluations and more evaluators.</p> <p>There was discussion of the Regional Support Center rebidding process. This will provide the RSC's with more flexibility to prioritize and input has been positive.</p>	
<b>Treatment Workgroup Report</b>	<p>Mark Stringer noted that the work done by the Treatment Workgroup envisioning Centers of Excellence was outstanding. They plan to expand on what is meant by individualized treatment.</p>	

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	<p>They also intend to consider including employment and housing needs as issues to be addressed with clients engaged in the proposed Centers of Excellence.</p> <p>Terry Morris reported on the ASI-MV. Five providers are participating in this pilot program in which clients complete their own assessments online. It is intended to streamline the admission/intake process. The responses are proven to be more reliable and factual than having the client respond to questions posed by a counselor.</p> <p>There was discussion of the medication Vivitrol and its role in treatment. Alkermes, the firm supplying Vivitrol, will provide training at the sites where it is being utilized. Use of medications such as Vivitrol is considered controversial in some sectors, but Mark explained that the outcomes involving Vivitrol coupled with treatment have proven it to be a successful aid to achieving sobriety.</p> <p>Vivitrol works in two ways. When alcohol is consumed, the euphoria that is typically experienced by those addicted to alcohol is eliminated. Another effect of alcohol is that it dulls emotional pain and reduces anxiety. Vivitrol not only lessens the euphoria experienced when an alcoholic drinks, but it also blocks the effect of the alcohol in lessening anxiety and pain. Additionally, Vivitrol blocks the typical craving for alcohol that an alcoholic experiences, making it easier for the client to abstain. Naltrexone is the name of the drug in its oral version; Vivitrol is the injectable version that delivers these benefits for 30 days. Alkermes wants to ensure the best possible outcomes by offering the medication in treatment settings in conjunction with counseling.</p>	
	<p>Keith Spare discussed the Upper Limit Payment. Medicaid is promulgating a rule that says if Medicaid pays for a service and the service is not matched in Medicare then Medicaid will not continue to pay. In some locales this hampers the availability of methadone treatment. However, this will not affect treatment in Missouri as our services are delivered under a Rehab Option- which exempts them from this exclusion. If we delivered services under the Clinic Option like other states it could have devastate substance abuse treatment. The Department of Mental Health has been following this issue which will be revisited next April.</p>	
<b>SAC Membership Update</b>	<p>There are currently 20 SAC members, with 12 Consumers and 8 Vendors. There is a Consumer opening for a Member at Large, however, it should not be filled from the Central region as that</p>	

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	area is already represented by two At Large members. There is also a Consumer vacancy in the Northwest region; one Vendor from Central; both a Vendor and Consumer from Southwest; and the Eastern and Southeastern Districts could each add a Consumer.	
<b>Mental Health Transformation Report</b>	Vickie Epple presented an update on Mental Health Transformation. She distributed a calendar of Transformation events. Vickie noted that Lois Thomas has joined the Office of Transformation and is revamping the website. Transformation is currently providing their Show- Me Series including the Respect Institute, Procovery and Mental Health First Aid. The Respect seminars, featuring Joel Slack, are free and are being presented statewide. Mental Health First Aid's founder, Betty Kitchener of Australia, is in Jefferson City to provide training. The various workgroups continue to meet and a Youth Advisory Council has been formed. A consumer workgroup is in the process of being formed. There is a Federal Grantee meeting in November and a couple of the youth will be able to attend and participate.	
<b>Adjournment</b>	<p>Robin Hammond, Diana Harris, Mary Beth Reinkemeyer and Marilyn Gibson volunteered to discuss the possibility of a holiday celebration for the December 3<sup>rd</sup> meeting.</p> <p>The next meeting agenda should include the Recovery Oriented System of Care White Paper, presented by Debbie McBaine. Diana Harris made a motion to adjourn and Mary Beth Reinkemeyer provided a second.</p>	